Home Modification Assessment

Walk through the home with your loved one. Watch them move through a normal day.

HOME ADDRESS	ASSESSMENT DATE
DONE BY	CONTRACTOR NAME
CONTRACTOR PHONE	CAPS CERTIFIED?
QUOTE AMOUNT	FUNDING SOURCE

Bathroom safety

- [ ] Are there grab bars by the toilet and in the shower?
- [ ] Is the tub hard to step into? Would a walk-in shower or tub bench help?
- [ ] Is there a non-slip mat and a raised toilet seat?
- [ ] Is there a night-light on the way to the bathroom?

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» Ask their doctor for an occupational therapy home safety evaluation.

» Check if PASSPORT or the Area Agency on Aging helps pay for modifications.

Stair access

- [ ] Are there sturdy handrails on both sides?
- [ ] Is everything needed daily on one floor?
- [ ] Would a ramp, stair lift or first-floor bedroom help?

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» Get two contractor quotes, and ask if they're Certified Aging-in-Place Specialists (CAPS).

» Ask about rental or used stair lifts for short-term needs.

Lighting

- [ ] Are hallways, stairs and entrances well lit?
- [ ] Can light switches be reached from the bed and doorway?
- [ ] Are there motion-sensor lights for nighttime?

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» Replace bulbs with brighter, warm LEDs.

» Remove loose rugs and cords from walkways.

Emergency access

- [ ] Does your loved one have a medical alert device they will wear?
- [ ] Are smoke and carbon monoxide detectors working?
- [ ] Can emergency responders get in (lockbox or trusted neighbor with key)?
- [ ] Is a list of medications and contacts on the fridge?

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» Test the medical alert device monthly.

» Ask the local fire department about free smoke alarm installation.

Notes